

Extended Families

**EXTENDABLE
ONLINE TERM 1**

Monday

Tuesday

Wednesday

Thursday

Friday

3PM



Crafts with Natalie

4PM



Dancing with Emma



Trivia and Games with Keely



Exercise with Elise

4:15PM



All Things Gaming with Billy



All Things Gaming with Billy

4:30PM



Disney Story Time with Amanda

Extended Families

**EXTENDABLE
ONLINE TERM 1**

5PM



Drawing with Keely



Stretch and Relax with Elise

5:30PM



**Music and Rhythm with
Sebastian**

About our Sessions



Music and Rhythm with Sebastian

Bring along your rhythm and soul and join in on this fun music and sound-based session. If you have an instrument you love to play – great, but if not, you’ll have just as much fun if clap or stomp your feet! *Please note, this session can be loud, so be aware if you do not like a lot of noise.*



All Things Gaming with Billy

All Things Gaming is a social group for those interested in discussing and playing games across all consoles and devices. Each week we unpack the latest gaming news, review our favourite games, and complete construction challenges in Minecraft. Look forward to seeing you online!



Crafts with Natalie

Get creative with craft with Natalie! Test your skills and resource ability by engaging in fun, easy and imaginative projects!

Don't worry about how much craft experience you have, as this session caters to all abilities. Please note, this session requires some basic art supplies but will mostly be materials you already have at home.



Exercise with Elise

Stay active and strong by doing a workout with friends. We all know it can be hard to get up and get moving, but if it means you get to catch up with friends and have fun while you do it, this is exercise you'll look forward to.

Stretch and Relax with Elise

Enjoy some soft, tranquil music, gentle stretching and fun breathing exercises to help relax and re-focus. These easy and calming activities will help you to strengthen and centre your body and ultimately, relax!



Dancing with Emma

Join Emma and get your boogie on while dancing to popular songs.

Be sure to come with a water bottle as you'll be sure getting your heart pumping in this active session.



Disney Story Time with Amanda

This will be a visual extravaganza delivered by a true Disney fan (and our very own Volunteer Coordinator). Disney fans are invited to delve into a different Disney fantasy each week - and to join in with a dress up if they so inclined. Stories will be followed by quizzes and games.



Fun and Games with Keely

There's never a dull moment in the Fun and Games sessions. Test your wits with some fun and interactive quizzes & online games. Join in on conversations about interesting topics. Best of all, you'll make new friends as you catch up your peers in these weekly sessions.



Drawing with Keely

Join Keely in these fun and interactive drawing classes. Surprise family and friends as you produce both cartoon and life-like works of art each week. Don't worry about how much drawing experience you have as this session caters to all abilities.